October Breakfast Menu

2021

Menu subject to change Please see the <u>USDA</u> for nondiscrimination information











LUNCH

OWG No Charge
HM No Charge
LES No Charge
WGMS No Charge
JMHS No Charge

Adult 2.50

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|--|--|---|
| Additional Items Offered Daily: Low Fat Yogurt Whole Grain Cereals | | | Other items available Fresh Fruit, Applesauce | |
| www.CitySchoolsCafe.com | "Where Learning Tastes Good!" | | | 1 Jumpstart Breakfast Fresh Fruit Milk |
| 4 Breakfast Pizza Fresh Fruit Milk | 5 French Toast w/sausage Juice Milk | 6 Pancake & Sausage on a Stick Fresh Fruit Milk | 7 Breakfast Wrap Fruit Milk | 8 Jumpstart Breakfast Fresh Fruit Milk |
| 11 Sausage Biscuit Fruit Milk | 12 Maple Pancakes w/sausage Juice Milk | School not in Session | 14 Breakfast Wrap Fruit Milk | 15 Jumpstart Breakfast Fresh Fruit Milk |
| 18 Cinnamon Roll Fresh Fruit Milk | 19 Belgian Waffles w/sausage Fruit Milk | 20 Early Dismissal Strawberry Pancakes Juice Milk | 21 Ham & Cheese Griller Juice Milk | 22 Jumpstart Breakfast Fresh Fruit Milk |
| 25 Breakfast Pizza Fresh Fruit Milk | 26 French Toast w/sausage Juice Milk | 27 Pancake & Sausage on a Stick Fresh Fruit Milk | 28 Breakfast Wrap Fruit Milk | 29 Jumpstart Breakfast Fresh Fruit Milk |